


This Week's Menu _____/_____-_____/_____

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R E A K F A S T	Kix Cereal	Whole-grain Bagel w/ cream cheese	Corn Flakes	Buttermilk biscuit w/ jam	Rice Chex
YT's	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk
Other	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
L U N C H	Grilled Ham & Cheese on Rye Cucumber wedges Mandarin oranges	Taco Tuesday Soft shell tortillas w/ ground beef, lettuce, tomatoes, cheese, salsa Pineapple chunks	Spinach & Mushroom Quiche w/ Cheddar Cheese Green salad Peaches	Chicken Pot Pie w/ mixed vegetables Pears	Antipasto Salad (Ham, Cheese, egg, salami, lettuce, tomatoes, onion) Garlic bread Fruit cocktail
YT's	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk
Other	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
P.M. S N A C K	Cheddar Cheez-its	Mini pretzles	Classroom Cooking! T's: Max's Banana Bread 3's: Peppermint Pretzels 4's: Homemade Sugar cookies	Goldfish Crackers	Fig Newton Cookies
100% Juice	Apple Juice	Grape Juice	Orange Juice	Apple Juice	White Grape Juice





This Week's Menu _____/_____-_____/_____

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R E A K F A S T	Rice Krispies	Whole-grain cinnamon raisin toast	Corn Chex	Whole-grain English Muffins w/ Sun butter	Cheerios
YT's	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk
Other	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
L U N C H	Hamburger on Bun Sweet Potato Fries Apple sauce	Pork Lo-mein w/ stir fry vegetables Mandarin Oranges	Cheese Omlet Home Fries Whole-grain Wheat Toast Peaches	Beef & Bean Burritos Mexican Corn Salad Pineapple Chunks	Cold Plate Ham/Turkey/Cheese Potato Salad Dinner roll Pears
YT's	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk
Other	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
P.M. S N A C K	Waffle Pretzels	Yogurt w/ granola	Birthday Celebration! Banana Bread 	Chicken in a Biscuit Crackers	White Cheddar Rice cakes
100% Juice	Apple Juice	Grape Juice	Orange Juice	Apple Juice	White Grape Juice

This Week's Menu _____/_____-_____/_____

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R E A K F A S T	Corn Chex Cereal	Whole-grain Waffles w/syrup	Oats 'n More	Apple Cinnamon Rice Cakes w/ Fruit Compote	Wheat Puffs w/ Bananas
YT's	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk
Other	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
L U N C H	Turkey & Cheese on Whole Wheat Pepper Strips Fruit Cocktail	Spaghetti & Meatballs Tossed salad Apple Sauce	Roast Pork Mashed potatoes & gravy Whole-wheat Roll Pears	Scrambled Eggs Hash Brown Patty Whole-grain Wheat Toast Mandarin Oranges	Sausage & Mushroom Pizza Veggie tray w/ dip Peaches
YT's	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk
Other	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
P.M. S N A C K	Wheat Thin Crackers	Mini Pretzles	Sing along!  Golden Oreos	White Cheddar Cheez-Its	Penguin Crackers
100% Juice	Apple Juice	Grape Juice	Orange Juice	Apple Juice	White Grape Juice

This Week's Menu ____/____ - ____/____/____

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R E A K F A S T	CLOSED CHRISTMAS RECESS	CLOSED CHRISTMAS RECESS	Honey Kix	Oatmeal	Berry Berry Kix
YT's	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk
Other	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
L U N C H			Roasted Red Pepper Hummus in a Pita Pocket Cottage Cheese Celery/carrot sticks Pineapple Chunks	100% Beef Hot Dog & Bean Casserole Tossed Salad Crescent Roll Fruit Cocktail	Baked Ziti w/ Cheese & Sausage Italian Vegetable Medley Peaches
YT's	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk
Other	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
P.M. S N A C K			Assorted Ritz Crackers	Classroom Cooking! T's: Carrot muffins 3's: Grinch Cookies 4's: Confetti Rice Krispies	Honey Graham Crackers
100% Juice			Orange Juice	Apple Juice	White Grape Juice

This Week's Menu _____/_____-_____/_____

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R E A K F A S T	Kix Cereal	English Muffin w/Jam	Wheat Puffs Cereal	Pancakes w/syrup	Shredded Wheat Bites Cereal
YT's	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk
Other	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
L U N C H	Refried & Black Bean Quesadillas w/cheddar cheese Mexican Corn Salad Pineapple	Antipasto Salad w/Ham, Provolone & Salami Garlic Bread Peaches	Meatloaf Mashed Potatoes Dinner Roll Applesauce	Chicken Pot Pie Mixed Vegetables Pears	Fish Fillet on a bun w/ketchup Peas Fruit Cocktail
YT's	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk
Other	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
P.M. S N A C K	White Cheddar Cheeze-Its	Pretzels	T's: Homemade Pumpkin Whoopie Pies 3's: Pumpkin Pie dip w/ graham crackers 4's: Homemade Oatmeal Chocolate Chip Muffins	Wheat Thin Crackers	Trail Mix
100% Juice	Apple Juice	Grape Juice	Orange Juice	Apple Juice	White Grape Juice

This Week's Menu _____/_____-_____/_____/_____